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Addressing the Risk of Cardiovascular Mortality in Patients with Type 2 Diabetes

It is well understood that patients with type 2 diabetes (T2D) are at an increased risk of cardiovascular (CV) events.[1] Because of the impact these events have on morbidity and mortality, it is important for pharmacists and other health care providers to be aware of opportunities to address and reduce this risk. This article will share results from a recent clinical trial that showed an existing treatment added to the standard of care resulted in a significant reduction in the risk of CV death in patients with T2D and established CV disease. With this treatment, patients may be prescribed a medication to both improve glycemic control and to help reduce CV death.

THE IMPACT OF T2D

According to the most recent estimates published by the CDC, 9.3% of the population in the United States has diabetes. Of these, 21 million individuals have received a diagnosis, but 8.1 million—more than 1 in 4 patients (27.8%) with the disease—remain undiagnosed. Of adults with diagnosed diabetes, 90% to 95% have T2D.[2] CV disease is the most common comorbidity in patients with T2D and is the most common cause of death among these patients.[1,3]

According to guidelines from the American Diabetes Association, diabetes management should include a comprehensive plan for reducing CV risk.[4]

JARDIANCE (EMPAGLIFLOZIN) TABLETS PRESCRIBING INFORMATION UPDATE

As of December 2016, the indication for JARDIANCE has been updated to reflect the results of the EMPA-REG OUTCOME trial. JARDIANCE, in addition to being indicated as an adjunct to diet and exercise to improve glycemic control in adults with T2D, is now indicated to reduce the risk of CV death in adult patients with T2D and established CV disease.[5]

JARDIANCE is not recommended for patients with type 1 diabetes or for the treatment of diabetic ketoacidosis.[5]

SELECT SAFETY INFORMATION

CONTRAINDICATIONS

JARDIANCE should not be used in patients with a history of serious hypersensitivity to JARDIANCE or in patients with severe renal impairment, end-stage renal disease, or dialysis.[5]

CARDIOVASCULAR RISK REDUCTION WITH JARDIANCE

Results of the EMPA-REG OUTCOME trial set JARDIANCE apart as the first glucose-lowering agent to demonstrate CV risk reduction in a CV outcomes trial.[6] JARDIANCE is the only T2D medication to receive an FDA-approved indication for reducing the risk of CV death in adult patients with T2D and established CV disease.[5]

In EMPA-REG OUTCOME, 7020 patients with T2D and with established CV disease were randomized in a 1:1:1 ratio to receive empagliflozin 10 mg daily, empagliflozin 25 mg daily, or placebo added to background glucose-lowering and CV therapies.[7] At baseline, 30% were on monotherapy, 49% were on dual therapy, and 48% were on insulin (as monotherapy or as part of dual therapy). With regard to CV therapies, at baseline, 77% of patients were receiving a statin, 9% were receiving a fibrate, 83% were receiving acetylsalicylic acid, and 95% were receiving any drug for blood pressure reduction (81% were taking blockers of the renin-angiotensin system).[7]

Patients received treatment for a median of 2.6 years. The primary composite end point was CV death, nonfatal myocardial infarction (MI), or nonfatal stroke. The study was powered to show noninferiority and to test for superiority if noninferiority was proven.[7]

JARDIANCE showed a significant 38% reduction in the relative risk of CV death (3.7% absolute risk with empagliflozin vs 5.9% with placebo) and a 14% reduction in overall relative risk of the primary composite end point of CV events (10.5% absolute risk vs 12.1%; $P = .04$). There were no changes in the risk of nonfatal MI (HR, 0.87; 95% CI, 0.70-1.09) or nonfatal stroke (HR, 1.24; 95% CI, 0.92-1.67).[7]

SELECT SAFETY INFORMATION

WARNINGS AND PRECAUTIONS

Hypotension

JARDIANCE causes intravascular volume contraction and symptomatic hypotension may occur. Before initiating JARDIANCE, assess and correct volume status in the elderly, in patients with renal impairment, low systolic blood pressure, or on diuretics. Monitor for hypotension.[5]

Ketoacidosis

Reports of ketoacidosis, a serious life-threatening condition requiring urgent hospitalization have been identified in patients with type 1 and type 2 diabetes mellitus receiving sodium glucose co transporter 2 (SGLT2) inhibitors, including JARDIANCE. Fatal cases of ketoacidosis have been reported in patients taking JARDIANCE. Patients who present with signs and symptoms of metabolic acidosis should be assessed for ketoacidosis, even if blood glucose levels

Please see Important Safety Information throughout this article and Brief Summary of full Prescribing Information adjacent to this article.

are less than 250 mg/dL. If suspected, discontinue JARDIANCE, evaluate and treat promptly.[5]

Before initiating JARDIANCE, consider risk factors for ketoacidosis. Patients on JARDIANCE may require monitoring and temporary discontinuation in situations known to predispose to ketoacidosis.[5]

Acute Kidney Injury and Impairment in Renal Function

JARDIANCE causes intravascular volume contraction and can cause renal impairment. Acute kidney injury requiring hospitalization and dialysis have been identified in patients taking SGLT2 inhibitors, including JARDIANCE; some reports involved patients younger than 65 years of age. Before initiating JARDIANCE, consider factors that may predispose patients to acute kidney injury including hypovolemia, chronic renal insufficiency, congestive heart failure and concomitant medications (diuretics, ACE inhibitors, ARBs, NSAIDs). Consider temporary discontinuation in settings of reduced oral intake or fluid losses. Monitor patients for signs and symptoms of acute kidney injury. If acute kidney injury occurs, discontinue JARDIANCE promptly and institute treatment.[5]

JARDIANCE increases serum creatinine and decreases eGFR. Patients with hypovolemia may be more susceptible to these changes. Renal function should be evaluated prior to initiating JARDIANCE and periodically thereafter. More frequent monitoring is recommended in patients with eGFR <60 mL/min/1.73 m^2. JARDIANCE should be discontinued in patients with a persistent eGFR <45 mL/min/1.73 m^2.[5]

ROLE OF THE PHARMACIST

Developing a comprehensive therapeutic plan to reduce CV morbidity and mortality in patients with T2D is an important clinical priority. To reduce the risk of CV events, pharmacists can stress the importance of blood pressure control, lipid control, smoking cessation, weight management, physical activity, and a healthy lifestyle.[4]

To further reduce risk, pharmacists can recommend that clinicians consider treatments proven to reduce CV mortality in clinical trials, and also educate patients regarding their treatment options. Considering the relative risk reduction in CV mortality shown in the EMPA-REG OUTCOME trial, JARDIANCE has a unique role in reducing CV death among patients with T2D and established CV disease.[7] By helping these patients and their health care providers understand the CV benefits of therapy, pharmacists can help reduce CV death in the patients they serve.

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IMPORTANT SAFETY INFORMATION

CONTRAINDICATIONS

JARDIANCE (empagliflozin) tablets should not be used in patients with a history of serious hypersensitivity to JARDIANCE or in patients with severe renal impairment, end-stage renal disease, or dialysis.

WARNINGS AND PRECAUTIONS

Hypotension

JARDIANCE causes intravascular volume contraction and symptomatic hypotension may occur. Before initiating JARDIANCE, assess and correct volume status in the elderly, in patients with renal impairment, low systolic blood pressure, or on diuretics. Monitor for hypotension.

Ketoacidosis

Reports of ketoacidosis, a serious life-threatening condition requiring urgent hospitalization have been identified in patients with type 1 and type 2 diabetes mellitus receiving sodium glucose co trans-

Please see Brief Summary of full Prescribing Information adjacent to this article.

IMPORTANT SAFETY INFORMATION (*continued*)

porter 2 (SGLT2) inhibitors, including JARDIANCE. Fatal cases of ketoacidosis have been reported in patients taking JARDIANCE. Patients who present with signs and symptoms of metabolic acidosis should be assessed for ketoacidosis, even if blood glucose levels are less than 250 mg/dL. If suspected, discontinue JARDIANCE, evaluate and treat promptly.

Before initiating JARDIANCE, consider risk factors for ketoacidosis. Patients on JARDIANCE may require monitoring and temporary discontinuation in situations known to predispose to ketoacidosis.

Acute Kidney Injury and Impairment in Renal Function
JARDIANCE causes intravascular volume contraction and can cause renal impairment. Acute kidney injury requiring hospitalization and dialysis have been identified in patients taking SGLT2 inhibitors, including JARDIANCE; some reports involved patients younger than 65 years of age. Before initiating JARDIANCE, consider factors that may predispose patients to acute kidney injury including hypovolemia, chronic renal insufficiency, congestive heart failure and concomitant medications (diuretics, ACE inhibitors, ARBs, NSAIDs). Consider temporary discontinuation in settings of reduced oral intake or fluid losses. Monitor patients for signs and symptoms of acute kidney injury. If acute kidney injury occurs, discontinue JARDIANCE promptly and institute treatment.

Urosepsis and Pyelonephritis
Serious urinary tract infections including urosepsis and pyelonephritis requiring hospitalization have been identified in patients receiving SGLT2 inhibitors, including JARDIANCE. Treatment with SGLT2 inhibitors increases the risk for urinary tract infections. Evaluate for signs and symptoms of urinary tract infections and treat promptly.

Hypoglycemia with Concomitant Use with Insulin and Insulin Secretagogues
Insulin and insulin secretagogues are known to cause hypoglycemia. The use of JARDIANCE with these agents can increase the risk of hypoglycemia. A lower dose of insulin or the insulin secretagogue may be required when used in combination with JARDIANCE.

Genital Mycotic Infections
JARDIANCE increases the risk for genital mycotic infections, especially in patients with prior infections. Monitor and treat as appropriate.

Increased Low-Density Lipoprotein Cholesterol (LDL-C)
Monitor and treat as appropriate.

ADVERSE REACTIONS
The most common adverse reactions (>5%) associated with placebo and JARDIANCE 10 mg and 25 mg were urinary tract infections and female genital mycotic infections.

DRUG INTERACTIONS
Diuretics may enhance the potential for volume depletion when administered with JARDIANCE.

USE IN SPECIAL POPULATIONS
Pregnancy
JARDIANCE is not recommended during the second and third trimesters of pregnancy based on animal data showing adverse renal effects.

Lactation
JARDIANCE is not recommended while breastfeeding because of the potential for serious adverse reactions in breastfed infants.

Geriatric Use
JARDIANCE is expected to have diminished efficacy in elderly patients with renal impairment. Urinary tract infections and volume depletion-related adverse reactions increased in patients ≥75 years treated with JARDIANCE.

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Please see Brief Summary of full Prescribing Information adjacent to this article.

JARDIANCE® (empagliflozin) tablets, for oral use

BRIEF SUMMARY OF PRESCRIBING INFORMATION R_x only

Please see package insert for full Prescribing Information.

INDICATIONS AND USAGE: JARDIANCE is indicated: as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus; to reduce the risk of cardiovascular death in adult patients with type 2 diabetes mellitus and established cardiovascular disease. Limitations of Use: JARDIANCE is not recommended for patients with type 1 diabetes or for the treatment of diabetic ketoacidosis.

CONTRAINDICATIONS: History of serious hypersensitivity reaction to JARDIANCE; Severe renal impairment, end-stage renal disease, or dialysis *[see Use in Specific Populations]*.

WARNINGS AND PRECAUTIONS: Hypotension: JARDIANCE causes intravascular volume contraction. Symptomatic hypotension may occur after initiating JARDIANCE *[see Adverse Reactions]* particularly in patients with renal impairment, the elderly, in patients with low systolic blood pressure, and in patients on diuretics. Before initiating JARDIANCE, assess for volume contraction and correct volume status if indicated. Monitor for signs and symptoms of hypotension after initiating therapy and increase monitoring in clinical situations where volume contraction is expected *[see Use in Specific Populations]*. **Ketoacidosis:** Reports of ketoacidosis, a serious life-threatening condition requiring urgent hospitalization have been identified in postmarketing surveillance in patients with type 1 and type 2 diabetes mellitus receiving sodium glucose co-transporter-2 (SGLT2) inhibitors, including JARDIANCE. Fatal cases of ketoacidosis have been reported in patients taking JARDIANCE. JARDIANCE is not indicated for the treatment of patients with type 1 diabetes mellitus *[see Indications and Usage]*. Patients treated with JARDIANCE who present with signs and symptoms consistent with severe metabolic acidosis should be assessed for ketoacidosis regardless of presenting blood glucose levels, as ketoacidosis associated with JARDIANCE may be present even if blood glucose levels are less than 250 mg/dL. If ketoacidosis is suspected, JARDIANCE should be discontinued, patient should be evaluated, and prompt treatment should be instituted. Treatment of ketoacidosis may require insulin, fluid and carbohydrate replacement. In many of the postmarketing reports, and particularly in patients with type 1 diabetes, the presence of ketoacidosis was not immediately recognized and institution of treatment was delayed because presenting blood glucose levels were below those typically expected for diabetic ketoacidosis (often less than 250 mg/dL). Signs and symptoms at presentation were consistent with dehydration and severe metabolic acidosis and included nausea, vomiting, abdominal pain, generalized malaise, and shortness of breath. In some but not all cases, factors predisposing to ketoacidosis such as insulin dose reduction, acute febrile illness, reduced caloric intake due to illness or surgery, pancreatic disorders suggesting insulin deficiency (e.g., type 1 diabetes, history of pancreatitis or pancreatic surgery), and alcohol abuse were identified. Before initiating JARDIANCE, consider factors in the patient history that may predispose to ketoacidosis including pancreatic insulin deficiency from any cause, caloric restriction, and alcohol abuse. In patients treated with JARDIANCE consider monitoring for ketoacidosis and temporarily discontinuing JARDIANCE in clinical situations known to predispose to ketoacidosis (e.g., prolonged fasting due to acute illness or surgery). **Acute Kidney Injury and Impairment in Renal Function:** JARDIANCE causes intravascular volume contraction *[see Warnings and Precautions]* and can cause renal impairment *[see Adverse Reactions]*. There have been postmarketing reports of acute kidney injury, some requiring hospitalization and dialysis, in patients receiving SGLT2 inhibitors, including JARDIANCE; some reports involved patients younger than 65 years of age. Before initiating JARDIANCE, consider factors that may predispose patients to acute kidney injury including hypovolemia, chronic renal insufficiency, congestive heart failure and concomitant medications (diuretics, ACE inhibitors, ARBs, NSAIDs). Consider temporarily discontinuing JARDIANCE in any setting of reduced oral intake (such as acute illness or fasting) or fluid losses (such as gastrointestinal illness or excessive heat exposure); monitor patients for signs and symptoms of acute kidney injury. If acute kidney injury occurs, discontinue JARDIANCE promptly and institute treatment. JARDIANCE increases serum creatinine and decreases eGFR. Patients with hypovolemia may be more susceptible to these changes. Renal function abnormalities can occur after initiating JARDIANCE *[see Adverse Reactions]*. Renal function should be evaluated prior to initiation of JARDIANCE and monitored periodically thereafter. More frequent renal function monitoring is recommended in patients with an eGFR below 60 mL/min/1.73 m^2. Use of JARDIANCE is not recommended when eGFR is persistently less than 45 mL/min/1.73 m^2 and is contraindicated in patients with an eGFR less than 30 mL/min/1.73 m^2 *[see Contraindications, Use in Specific Populations]*. **Urosepsis and Pyelonephritis:** There have been postmarketing reports of serious urinary tract infections including urosepsis and pyelonephritis requiring hospitalization in patients receiving SGLT2 inhibitors, including JARDIANCE. Treatment with SGLT2 inhibitors increases the risk for urinary tract infections. Evaluate patients for signs and symptoms of urinary tract infections and treat promptly, if indicated *[see Adverse Reactions]*. **Hypoglycemia with Concomitant Use with Insulin and Insulin Secretagogues:** Insulin and insulin secretagogues are known to cause hypoglycemia. The risk of hypoglycemia is increased when JARDIANCE is used in combination with insulin secretagogues (e.g., sulfonylurea) or insulin *[see Adverse Reactions]*. Therefore, a lower dose of the insulin secretagogue or insulin may be required to reduce the risk of hypoglycemia when used in combination with JARDIANCE. **Genital Mycotic Infections:** JARDIANCE increases the risk for genital mycotic infections *[see Adverse Reactions]*. Patients with a history of chronic or recurrent genital mycotic infections were more likely to develop mycotic genital infections. Monitor and treat as appropriate. **Increased Low-Density Lipoprotein Cholesterol (LDL-C):** Increases in LDL-C can occur with JARDIANCE *[see Adverse Reactions]*. Monitor and treat as appropriate.

ADVERSE REACTIONS: The following important adverse reactions are described below and elsewhere in the labeling: Hypotension *[see Warnings and Precautions]*; Ketoacidosis *[see Warnings and Precautions]*; Acute Kidney Injury and Impairment in Renal Function *[see Warnings and Precautions]*; Urosepsis and Pyelonephritis *[see Warnings and Precautions];* Hypoglycemia with Concomitant Use with Insulin and Insulin Secretagogues *[see Warnings and Precautions]*; Genital Mycotic Infections *[see Warnings and Precautions]*; Increased Low-Density Lipoprotein Cholesterol (LDL-C) *[see Warnings and Precautions]*. **Clinical Trials Experience:** Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice. Pool of Placebo-Controlled Trials evaluating JARDIANCE 10 and 25 mg: The data in Table 1 are derived from a pool of four 24-week placebo-controlled trials and 18-week data from a placebo-controlled trial with insulin. JARDIANCE was used as monotherapy in one trial and as add-on therapy in four trials. These data reflect exposure of 1976 patients to JARDIANCE with a mean exposure duration of approximately 23 weeks. Patients received placebo (N=995), JARDIANCE 10 mg (N=999), or JARDIANCE 25 mg (N=977) once daily. The mean age of the population was 56 years and 3% were older than 75 years of age. More than half (55%) of the population was male; 46% were White, 50% were Asian, and 3% were Black or African American. At baseline, 57% of the population had diabetes more than 5 years and had a mean hemoglobin A1c (HbA1c) of 8%. Established microvascular complications of diabetes at baseline included diabetic nephropathy (7%), retinopathy (8%), or neuropathy (16%). Baseline renal function was normal or mildly impaired in 91% of patients and moderately impaired in 9% of patients (mean eGFR 86.8 mL/min/1.73 m^2). Table 1 shows common adverse reactions (excluding hypoglycemia) associated with the use of JARDIANCE. The adverse reactions were not present at baseline, occurred more commonly on JARDIANCE than on placebo and occurred in greater than or equal to 2% of patients treated with JARDIANCE 10 mg or JARDIANCE 25 mg.

Table 1: Adverse Reactions Reported in ≥2% of Patients Treated with JARDIANCE and Greater than Placebo in Pooled Placebo-Controlled Clinical Studies of JARDIANCE Monotherapy or Combination Therapy

	Number (%) of Patients		
	Placebo N=995	JARDIANCE 10 mg N=999	JARDIANCE 25 mg N=977
Urinary tract infection[a]	7.6%	9.3%	7.6%
Female genital mycotic infections[b]	1.5%	5.4%	6.4%
Upper respiratory tract infection	3.8%	3.1%	4.0%
Increased urination[c]	1.0%	3.4%	3.2%
Dyslipidemia	3.4%	3.9%	2.9%
Arthralgia	2.2%	2.4%	2.3%
Male genital mycotic infections[d]	0.4%	3.1%	1.6%
Nausea	1.4%	2.3%	1.1%

[a]Predefined adverse event grouping, including, but not limited to, urinary tract infection, asymptomatic bacteriuria, cystitis

[b]Female genital mycotic infections include the following adverse reactions: vulvovaginal mycotic infection, vaginal infection, vulvitis, vulvovaginal candidiasis, genital infection, genital candidiasis, genital infection fungal, genitourinary tract infection, vulvovaginitis, cervicitis, urogenital infection fungal, vaginitis bacterial. Percentages calculated with the number of female subjects in each group as denominator: placebo (N=481), JARDIANCE 10 mg (N=443), JARDIANCE 25 mg (N=420).

[c]Predefined adverse event grouping, including, but not limited to, polyuria, pollakiuria, and nocturia

[d]Male genital mycotic infections include the following adverse reactions: balanoposthitis, balanitis, genital infections fungal, genitourinary tract infection, balanitis candida, scrotal abscess, penile infection. Percentages calculated with the number of male subjects in each group as denominator: placebo (N=514), JARDIANCE 10 mg (N=556), JARDIANCE 25 mg (N=557).

Thirst (including polydipsia) was reported in 0%, 1.7%, and 1.5% for placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg, respectively. *Volume Depletion:* JARDIANCE causes an osmotic diuresis, which may lead to intravascular volume contraction and adverse reactions related to volume depletion. In the pool of five placebo-controlled clinical trials, adverse reactions related to volume depletion (e.g., blood pressure (ambulatory) decreased, blood pressure systolic decreased, dehydration, hypotension, hypovolemia, orthostatic hypotension, and syncope) were reported by 0.3%, 0.5%, and 0.3% of patients treated with placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg respectively. JARDIANCE may increase the risk of hypotension in patients at risk for volume contraction *[see Warnings and Precautions and Use in Specific Populations]*. *Increased Urination:* In the pool of five placebo-controlled clinical trials, adverse reactions of increased urination (e.g., polyuria, pollakiuria, and nocturia) occurred more frequently on JARDIANCE than on placebo (see Table 1). Specifically, nocturia was reported by 0.4%, 0.3%, and 0.8% of patients treated with placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg, respectively. *Acute Impairment in Renal Function:* Treatment with JARDIANCE was associated with increases in serum creatinine and decreases in eGFR (see Table 2). Patients with moderate renal impairment at baseline had larger mean changes. *[see Warnings and Precautions* and *Use in Specific Populations]*. In a long-term cardiovascular outcome trial, the acute impairment in renal function was observed to reverse after treatment discontinuation suggesting acute hemodynamic changes play a role in the renal function changes observed with empagliflozin.

Table 2: Changes from Baseline in Serum Creatinine and eGFR[a] in the Pool of Four 24-week Placebo-Controlled Studies and Renal Impairment Study

		Pool of 24-Week Placebo-Controlled Studies		
		Placebo	JARDIANCE 10 mg	JARDIANCE 25 mg
Baseline Mean	N	825	830	822
	Creatinine (mg/dL)	0.84	0.85	0.85
	eGFR (mL/min/1.73 m^2)	87.3	87.1	87.8
Week 12 Change	N	771	797	783
	Creatinine (mg/dL)	0.00	0.02	0.01
	eGFR (mL/min/1.73 m^2)	-0.3	-1.3	-1.4
Week 24 Change	N	708	769	754
	Creatinine (mg/dL)	0.00	0.01	0.01
	eGFR (mL/min/1.73 m^2)	-0.3	-0.6	-1.4
		Moderate Renal Impairment[b]		
		Placebo		JARDIANCE 25 mg
Baseline Mean	N	187	–	187
	Creatinine (mg/dL)	1.49	–	1.46
	eGFR (mL/min/1.73 m^2)	44.3	–	45.4
Week 12 Change	N	176	–	179
	Creatinine (mg/dL)	0.01	–	0.12
	eGFR (mL/min/1.73 m^2)	0.1	–	-3.8
Week 24 Change	N	170	–	171
	Creatinine (mg/dL)	0.01	–	0.10
	eGFR (mL/min/1.73 m^2)	0.2	–	-3.2
Week 52 Change	N	164	–	162
	Creatinine (mg/dL)	0.02	–	0.11
	eGFR (mL/min/1.73 m^2)	-0.3	–	-2.8
Post-treatment Change[c]	N	98	–	103
	Creatinine (mg/dL)	0.03	–	0.02
	eGFR (mL/min/1.73 m^2)	0.16	–	1.48

[a]Observed cases on treatment.
[b]Subset of patients from renal impairment study with eGFR 30 to less than 60 mL/min/1.73 m^2
[c]Approximately 3 weeks after end of treatment.

Hypoglycemia: The incidence of hypoglycemia by study is shown in Table 3. The incidence of hypoglycemia increased when JARDIANCE was administered with insulin or sulfonylurea *[see Warnings and Precautions]*.

Table 3: Incidence of Overall[a] and Severe[b] Hypoglycemic Events in Placebo-Controlled Clinical Studies[c]

Monotherapy (24 weeks)	**Placebo (n=229)**	**JARDIANCE 10 mg (n=224)**	**JARDIANCE 25 mg (n=223)**
Overall (%)	0.4%	0.4%	0.4%
Severe (%)	0%	0%	0%
In Combination with Metformin (24 weeks)	**Placebo + Metformin (n=206)**	**JARDIANCE 10 mg + Metformin (n=217)**	**JARDIANCE 25 mg + Metformin (n=214)**
Overall (%)	0.5%	1.8%	1.4%
Severe (%)	0%	0%	0%
In Combination with Metformin + Sulfonylurea (24 weeks)	**Placebo (n=225)**	**JARDIANCE 10 mg + Metformin + Sulfonylurea (n=224)**	**JARDIANCE 25 mg + Metformin + Sulfonylurea (n=217)**
Overall (%)	8.4%	16.1%	11.5%
Severe (%)	0%	0%	0%
In Combination with Pioglitazone +/- Metformin (24 weeks)	**Placebo (n=165)**	**JARDIANCE 10 mg + Pioglitazone +/- Metformin (n=165)**	**JARDIANCE 25 mg + Pioglitazone +/- Metformin (n=168)**
Overall (%)	1.8%	1.2%	2.4%
Severe (%)	0%	0%	0%
In Combination with Basal Insulin +/- Metformin (18 weeks[d])	**Placebo (n=170)**	**JARDIANCE 10 mg (n=169)**	**JARDIANCE 25 mg (n=155)**
Overall (%)	20.6%	19.5%	28.4%
Severe (%)	0%	0%	1.3%
In Combination with MDI Insulin +/- Metformin (18 weeks[d])	**Placebo (n=188)**	**JARDIANCE 10 mg (n=186)**	**JARDIANCE 25 mg (n=189)**
Overall (%)	37.2%	39.8%	41.3%
Severe (%)	0.5%	0.5%	0.5%

[a]Overall hypoglycemic events: plasma or capillary glucose of less than or equal to 70 mg/dL
[b]Severe hypoglycemic events: requiring assistance regardless of blood glucose
[c]Treated set (patients who had received at least one dose of study drug)
[d]Insulin dose could not be adjusted during the initial 18 week treatment period

Genital Mycotic Infections: In the pool of five placebo-controlled clinical trials, the incidence of genital mycotic infections (e.g., vaginal mycotic infection, vaginal infection, genital infection fungal, vulvovaginal candidiasis, and vulvitis) was increased in patients treated with JARDIANCE compared to placebo, occurring in 0.9%, 4.1%, and 3.7% of patients randomized to placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg, respectively. Discontinuation from study due to genital infection occurred in 0% of placebo-treated patients and 0.2% of patients treated with either JARDIANCE 10 or 25 mg. Genital mycotic infections occurred more frequently in female than male patients (see Table 1). Phimosis occurred more frequently in male patients treated with JARDIANCE 10 mg (less than 0.1%) and JARDIANCE 25 mg (0.1%) than placebo (0%). *Urinary Tract Infections:* In the pool of five placebo-controlled clinical trials, the incidence of urinary tract infections (e.g., urinary tract infection, asymptomatic bacteriuria, and cystitis) was increased in patients treated with JARDIANCE compared to placebo (see Table 1). Patients with a history of chronic or recurrent urinary tract infections were more likely to experience a urinary tract infection. The rate of treatment discontinuation due to urinary tract infections was 0.1%, 0.2%, and 0.1% for placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg, respectively. Urinary tract infections occurred more frequently in female patients. The incidence of urinary tract infections in female patients randomized to placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg was 16.6%, 18.4%, and 17.0%, respectively. The incidence of urinary tract infections in male patients randomized to placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg was 3.2%, 3.6%, and 4.1%, respectively *[see Warnings and Precautions and Use in Specific Populations]*. *Laboratory Tests:* Increase in Low-Density Lipoprotein Cholesterol (LDL-C): Dose-related increases in low-density lipoprotein cholesterol (LDL-C) were observed in patients treated with JARDIANCE. LDL-C increased by 2.3%, 4.6%, and 6.5% in patients treated with placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg, respectively *[see Warnings and Precautions]*. The range of mean baseline LDL-C levels was 90.3 to 90.6 mg/dL across treatment groups. Increase in Hematocrit: In a pool of four placebo-controlled studies, median hematocrit decreased by 1.3% in placebo and increased by 2.8% in JARDIANCE 10 mg and 2.8% in JARDIANCE 25 mg treated patients. At the end of treatment, 0.6%, 2.7%, and 3.5% of patients with hematocrits initially within the reference range had values above the upper limit of the reference range with placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg, respectively. **Postmarketing Experience:** Additional adverse reactions have been identified during postapproval use of JARDIANCE. Because these reactions are reported voluntarily from a population of uncertain size, it is generally not possible to reliably estimate their frequency or establish a causal relationship to drug exposure: Ketoacidosis *[see Warnings and Precautions]*; Urosepsis and pyelonephritis *[see Warnings and Precautions]*.

DRUG INTERACTIONS: Diuretics: Coadministration of empagliflozin with diuretics resulted in increased urine volume and frequency of voids, which might enhance the potential for volume depletion *[see Warnings and Precautions]*. **Insulin or Insulin Secretagogues:** Coadministration of empagliflozin with insulin or insulin secretagogues increases the risk for hypoglycemia *[see Warnings and Precautions]*. **Positive Urine Glucose Test:** Monitoring glycemic control with urine glucose tests is not recommended in patients taking SGLT2 inhibitors as SGLT2 inhibitors increase urinary glucose excretion and will lead to positive urine glucose tests. Use alternative methods to monitor glycemic control. **Interference with 1,5-anhydroglucitol (1,5-AG) Assay:** Monitoring glycemic control with 1,5-AG assay is not recommended as measurements of 1,5-AG are unreliable in assessing glycemic control in patients taking SGLT2 inhibitors. Use alternative methods to monitor glycemic control.

USE IN SPECIFIC POPULATIONS: Pregnancy: *Risk Summary:* Based on animal data showing adverse renal effects, JARDIANCE is not recommended during the second and third trimesters of pregnancy. Limited data available with JARDIANCE in pregnant women are not sufficient to determine a drug-associated risk for major birth defects and miscarriage. There are risks to the mother and fetus associated with poorly controlled diabetes in pregnancy *[see Clinical Considerations]*. In animal studies, adverse renal changes were observed in rats when empagliflozin was administered during a period of renal development corresponding to the late second and third trimesters of human pregnancy. Doses approximately 13-times the maximum clinical dose caused renal pelvic and tubule dilatations that were reversible. Empagliflozin was not teratogenic in rats and rabbits up to 300 mg/kg/day, which approximates 48-times and 128-times, respectively, the maximum clinical dose of 25 mg when administered during organogenesis *[see Data]*. The estimated background risk of major birth defects is 6-10% in women with pre-gestational diabetes with a HbA1c >7 and has been reported to be as high as 20-25% in women with HbA1c >10. The estimated background risk of miscarriage for the indicated population is unknown. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2-4% and 15-20%, respectively. Clinical Considerations: *Disease-associated maternal and/or embryo/fetal risk:* Poorly controlled diabetes in pregnancy increases the maternal risk for diabetic ketoacidosis, pre-eclampsia, spontaneous abortions, preterm delivery, stillbirth, and delivery complications. Poorly controlled diabetes increases the fetal risk for major birth defects, still birth, and macrosomia related morbidity. *Data:* Animal Data: Empagliflozin dosed directly to juvenile rats from postnatal day (PND) 21 until PND 90 at doses of 1, 10, 30 and 100 mg/kg/day caused increased kidney

weights and renal tubular and pelvic dilatation at 100 mg/kg/day, which approximates 13-times the maximum clinical dose of 25 mg, based on AUC. These findings were not observed after a 13 week drug-free recovery period. These outcomes occurred with drug exposure during periods of renal development in rats that correspond to the late second and third trimester of human renal development. In embryo-fetal development studies in rats and rabbits, empagliflozin was administered for intervals coinciding with the first trimester period of organogenesis in humans. Doses up to 300 mg/kg/day, which approximates 48-times (rats) and 128-times (rabbits) the maximum clinical dose of 25 mg (based on AUC), did not result in adverse developmental effects. In rats, at higher doses of empagliflozin causing maternal toxicity, malformations of limb bones increased in fetuses at 700 mg/kg/day or 154-times the 25 mg maximum clinical dose. In the rabbit, higher doses of empagliflozin resulted in maternal and fetal toxicity at 700 mg/kg/day, or 139-times the 25 mg maximum clinical dose. In pre- and postnatal development studies in pregnant rats, empagliflozin was administered from gestation day 6 through to lactation day 20 (weaning) at up to 100 mg/kg/day (approximately 16 times the 25 mg maximum clinical dose) without maternal toxicity. Reduced body weight was observed in the offspring at greater than or equal to 30 mg/kg/day (approximately 4 times the 25 mg maximum clinical dose). **Lactation:** *Risk Summary:* There is no information regarding the presence of JARDIANCE in human milk, the effects of JARDIANCE on the breastfed infant or the effects on milk production. Empagliflozin is present in the milk of lactating rats *[see Data]*. Since human kidney maturation occurs *in utero* and during the first 2 years of life when lactational exposure may occur, there may be risk to the developing human kidney. Because of the potential for serious adverse reactions in a breastfed infant, advise women that use of JARDIANCE is not recommended while breastfeeding. *Data:* Empagliflozin was present at a low level in rat fetal tissues after a single oral dose to the dams at gestation day 18. In rat milk, the mean milk to plasma ratio ranged from 0.634 -5, and was greater than one from 2 to 24 hours post-dose. The mean maximal milk to plasma ratio of 5 occurred at 8 hours post-dose, suggesting accumulation of empagliflozin in the milk. Juvenile rats directly exposed to empagliflozin showed a risk to the developing kidney (renal pelvic and tubular dilatations) during maturation. **Pediatric Use:** The safety and effectiveness of JARDIANCE in pediatric patients under 18 years of age have not been established. **Geriatric Use:** No JARDIANCE dosage change is recommended based on age. In studies assessing the efficacy of empagliflozin in improving glycemic control in patients with type 2 diabetes, a total of 2721 (32%) patients treated with empagliflozin were 65 years of age and older, and 491 (6%) were 75 years of age and older. JARDIANCE is expected to have diminished glycemic efficacy in elderly patients with renal impairment *[see Use in Specific Populations]*. The risk of volume depletion-related adverse reactions increased in patients who were 75 years of age and older to 2.1%, 2.3%, and 4.4% for placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg. The risk of urinary tract infections increased in patients who were 75 years of age and older to 10.5%, 15.7%, and 15.1% in patients randomized to placebo, JARDIANCE 10 mg, and JARDIANCE 25 mg, respectively *[see Warnings and Precautions and Adverse Reactions]*. **Renal Impairment:** The efficacy and safety of JARDIANCE were evaluated in a study of patients with mild and moderate renal impairment. In this study, 195 patients exposed to JARDIANCE had an eGFR between 60 and 90 mL/min/1.73 m^2, 91 patients exposed to JARDIANCE had an eGFR between 45 and 60 mL/min/1.73 m^2 and 97 patients exposed to JARDIANCE had an eGFR between 30 and 45 mL/min/1.73 m^2. The glucose lowering benefit of JARDIANCE 25 mg decreased in patients with worsening renal function. The risks of renal impairment *[see Warnings and Precautions]*, volume depletion adverse reactions and urinary tract infection-related adverse reactions increased with worsening renal function. In a large cardiovascular outcomes study, there were 1819 patients with eGFR below 60 mL/min/1.73 m^2. The cardiovascular death findings in this subgroup were consistent with the overall findings. The efficacy and safety of JARDIANCE have not been established in patients with severe renal impairment, with ESRD, or receiving dialysis. JARDIANCE is not expected to be effective in these patient populations *[see Contraindications and Warnings and Precautions]*. **Hepatic Impairment:** JARDIANCE may be used in patients with hepatic impairment.

OVERDOSAGE: In the event of an overdose with JARDIANCE, contact the Poison Control Center. Employ the usual supportive measures (e.g., remove unabsorbed material from the gastrointestinal tract, employ clinical monitoring, and institute supportive treatment) as dictated by the patient's clinical status. Removal of empagliflozin by hemodialysis has not been studied.

Additional information can be found at www.hcp.jardiance.com

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